

THE LEMOND G-FORCE RT

The cycle that defined recumbent performance and comfort.



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Key Features:

- Lower profile for ease-of-use
- Stronger, more durable frame
- Attractive design
- Cordless
- Smaller footprint—takes up less room than a treadmill or elliptical
- Innovative pedal-to-seat relationship
- Revolutionary adjustable seat
- USB-enabled console
- Scrolling personal workout profile
- 13 custom workout programs

CUSTOMIZE YOUR WORKOUT.

Users can select one of 13 custom workout programs, including five exclusive training sessions designed by Greg LeMond himself. Plus, all LeMond Fitness g-force bikes come with WKO Lite software, a new personal training program designed to help users accomplish their personal fitness goals. Users can download workout information from their g-force bike directly to a WKO diary on a computer through the USB-enabled console. Just like having a coach in your back pocket—you can use this information to create your own fitness diary and customize your g-force workout to lose weight, improve your health or train effectively.

100% CUSTOMER SATISFACTION.

The g-force RT is manufactured to the most exacting standards, with 100% of all bikes undergoing thorough testing prior to final packaging to ensure customer satisfaction. See lemondfitness.com for warranty details.

PRODUCT SPECIFICATIONS

Length: 60"

Width: 45"

Height: 29"

Weight: 165 lbs.

Maximum User Weight: 350 lbs.

User Height Range: 4'10" to 6'8" tall

Power Requirements: Cordless

Batteries: Three rechargeable AA, nickel-metal hydride NIMH batteries needed for display console (included)



Stronger Frame

One-piece aluminum extrusion acts as a backbone, giving the RT unmatched stability and a long seat track to accommodate a wide range of user sizes.



Innovative Pedal-to-Seat Relationship

Breakthrough design gives you a better hip-to-knee-to-pedal relationship than any other recumbent bike. Increased muscle movement encourages better pedaling form, for a more effective workout.



Revolutionary Seat Design

Adjustable seat angle, unique mesh seat back and anatomically formed seat base allow for maximum comfort. Five different incline positions enable you to vary feel and muscle involvement during your workout.



USB-Enabled Console

Intuitive design with USB data downloading and custom program upload capability provides the user, coach or trainer the ability to manage every aspect of training.