

*Octane*<sup>®</sup>  
FITNESS

FUEL YOUR LIFE



# THE COMPANY

## HOW DO WE BUILD THE BEST ZERO-IMPACT TRAINING EQUIPMENT

At Octane Fitness, we are defined by our persistent hunger to innovate. By continual breakthroughs that revolutionize zero-impact training and create new ways to exercise. By our resolute unwillingness to settle. Ever.

Our perseverance results in an ever-growing variety of unique machines, an endless list of Best Buy awards and top rankings, clubs worldwide that demand our products and lives that are continually fueled.

Dedicated to reinventing zero-impact cardiovascular exercise, only Octane equips health clubs with premium, progressive standing, recumbent, lateral and incline ellipticals, along with innovative programming such as CROSS CIRCUIT, MMA and 30:30 that drive motivation and accelerate results.

**Octane**  
FITNESS



### INCLINE ELLIPTICALS

Take on the neXT generation of ellipticals with one machine that does it all. The versatile XT-One equips exercisers to walk, run, hike or climb – all within one workout – for multiple challenges and superior conditioning – combined with custom consoles for interactive workouts and engaging entertainment.

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# ELLIPTICAL DOMINATION

FIVE CATEGORIES OF ELLIPTICALS PROVEN TO FUEL YOUR MEMBERS AND YOUR CLUB



## LATERAL ELLIPTICALS

Move in an entirely new direction with this ingenious way to workout, which combines smooth, 3-D motion that goes from a vertical elliptical stepping motion to an active side-to-side motion for functional exercise that challenges more muscles for more results.

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## STANDING ELLIPTICALS

It's no surprise that these ellipticals are preferred by 75% of health club members. Perfected over time with biomechanics, natural motion, a slew of motivating workouts and plenty of thoughtful comfort features, these premium ellipticals fuel every fitness floor.

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## RECUMBENT ELLIPTICALS

This innovative platform combines all the benefits of traditional standing elliptical exercise with the comfort of a seat – plus exclusive PowerStroke™ technology and resistance training to engage more muscles, burn more calories and accomplish way more than other recumbent machines.

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## CROSS CIRCUIT® ELLIPTICALS

Multi-task to the max with these invigorating cardio and strength combined workouts, which encourage members to take on personal challenges, give trainers valuable variety and enable clubs to capitalize on a new profit center.

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PRODUCT LINE

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# THE TRAINING

## KEEPING YOU FUELED

**Training** – we'll conduct in-depth training with your staff on-site during installation and provide ongoing support with a top-notch customer service tech team that is available 11 hours a day.

**Resolve Issues Quickly** – Should you need on-site assistance, our technicians will be there at a moment's notice of your request to get your equipment back up and running in no time.

**Broad Network** – We are committed to keeping your facility fueled and rely on a broad network of trained service providers worldwide so we can be there quickly and efficiently.

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FITNESS





# THE RESULTS

## YOUR MEMBERS FEEL AND SEE THE DIFFERENCE

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Let's face it – if your members aren't satisfied, your club won't thrive. Octane ellipticals help drive your business daily by enticing potential members, motivating current members and keeping everyone coming back for more. What's not to love?

**75%** of health club members  
rate it superior

**95%** of health club members  
want Octane in their clubs

No need to take our word for it – surveys of health club members show that Octane is the top elliptical choice, with 75% rating Octane workouts as superior. In fact, more than 95% of members said that they wanted Octane ellipticals at their facility. They consistently praise the overall natural feel; intuitive, customizable motion; and upper-body comfort and variety.

Seize this critical success factor to reap maximum ROI.

# THE XT-ONE

THE ONE CROSS-TRAINER  
THAT DOES IT ALL

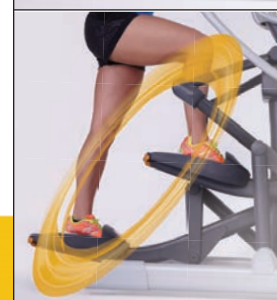
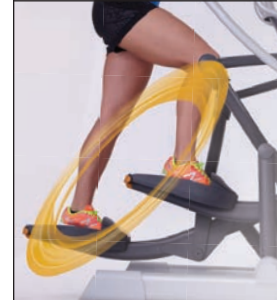
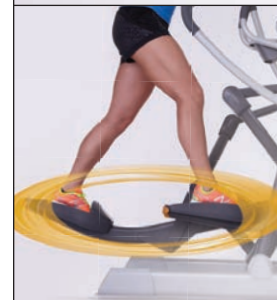
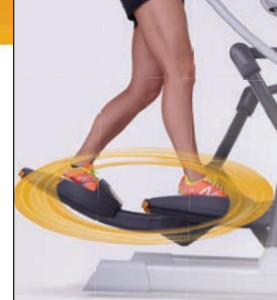
XTOne™

## XT5700

Experience the neXT generation of cross-trainers with the XT-One, the all-in-one machine that lets members **walk, run, hike** or **climb** to target different muscles for customized effectiveness.

### OCTANE ADVANTAGES

- Replaces all adaptations of ellipticals and non-elliptical modalities in one machine
- Adjustable incline
- Adjustable stride length
- Advanced training — 30:30 and MMA
- CROSS CIRCUIT compatible
- Workout Boosters
- Smart console compatible



## WALK

The biomechanically precise motion of the XT-One delivers a low-impact, comfortable walk, with a choice of shorter or longer strides to custom-fit exercisers with different leg lengths.

## RUN

Users can change pace or stride length to customize their run motion. Or they can take advantage of Octane's trademark SmartStride® interactive ergonomics, which replicate jogging or running by automatically adjusting the stride length from 20"-28" based on the user's pace.

## HIKE

Hit the hills and boost cardiovascular and muscular endurance by selecting from 10 incline levels that target the legs and work the upper body and core. Users can opt for greater challenges with several incline workouts, including Hill Interval and Progressive Hill.

## CLIMB

The ultimate challenge with a steep climb that strengthens the quads, glutes and hamstrings with deep strides and high-intensity cardio and strength work.

## XT-ONE SPECIFICATIONS

• Standard ○ Optional

### KEY MECHANICAL FEATURES

Adjustable incline	10 levels
Stride lengths (1/2" increments)	20"- 28" (51 cm - 71 cm)
Electronically adjustable stride	•
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
MultiGrip™ and Converging Path™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out option	•
Phone holder	2
Water bottle holder	•
Tablet / reading rack	•
Transport wheels	•

### ELECTRONICS FEATURES

SmartStride®	•
Resistance levels	30
Quick Starts (Walk, Run, Hike, Climb)	4
Digital contact heart rate on moving handlebars	•
Wireless heart rate compatibility	•
- Bluetooth® 4.0 & ANT+™	•
- Polar®	•
Incline and stride buttons on moving handlebars	•
Console fan (3-speeds)	•
Self-powered (standard console only)	•
Phone charging via USB port	•
Bluetooth® 4.0 & ANT+™ compatible	•
CSAFE®	•

### CONSOLE OPTIONS

Smart	○
Standard	○

### ENTERTAINMENT OPTIONS

Personal viewing screen	○
900 Mhz	○

### WORKOUTS

Number of workouts	17
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### PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Distance Goal	•
Calorie Goal	•
Custom Interval	•

### HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Custom Interval	•

### ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

### INCLINE PROGRAMS

Mountain Peak	•
30:30 Hill	•
Progressive Hill	•

### STRIDE LENGTH PROGRAMS

SmartStride	•
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### WORKOUT BOOSTERS

X-Mode™	•
ArmBlaster	•
GlutePower	•

### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	33" x 75" (84 cm x 191 cm)
Footprint - live area	33" x 92" (84 cm x 196 cm)
Footprint with side steps (W x L)	37" x 88" (94 cm x 224 cm)
Footprint with CROSS CIRCUIT stands (W x L)	37" x 97" (94 cm x 237 cm)
Product weight	395 lbs (180 Kg)
Product weight with side steps	427 lbs (194 Kg)
Product weight with CROSS CIRCUIT stands	450 lbs (205 Kg)

### WARRANTY

Parts	3 years
Labor	1 year



# CONSOLE OPTIONS FOR THE XT-ONE

## SMART CONSOLE



### WEB APPS

Now users can quickly access their favorite Web sites with a press of a button, enabling them to efficiently multi-task, stay engaged and resolve to finish their workout strong – or even add a few more minutes for better results.

### WEB BROWSING

With the Web at one's fingertips, exercisers can enjoy streaming video, shopping, browsing the Internet or checking email for the ultimate in time management and versatile, custom entertainment.

### ASSET MANAGEMENT

Provided by EcoFit™ Networks, Octane's asset management measures and shares valuable data from cardiovascular equipment that club owners can analyze to ensure proper equipment placement, equal usage, timely preventive maintenance and minimal downtime with service needs.

### INTERACTIVE COACHING

Octane's trademark CROSS CiRCUIT combined cardio and strength training program comes alive with videos that show proper execution of hundreds of strength training exercises. Plus, the Workout Boosters now include video demos that keep exercisers engaged and using correct form.

## STANDARD CONSOLE

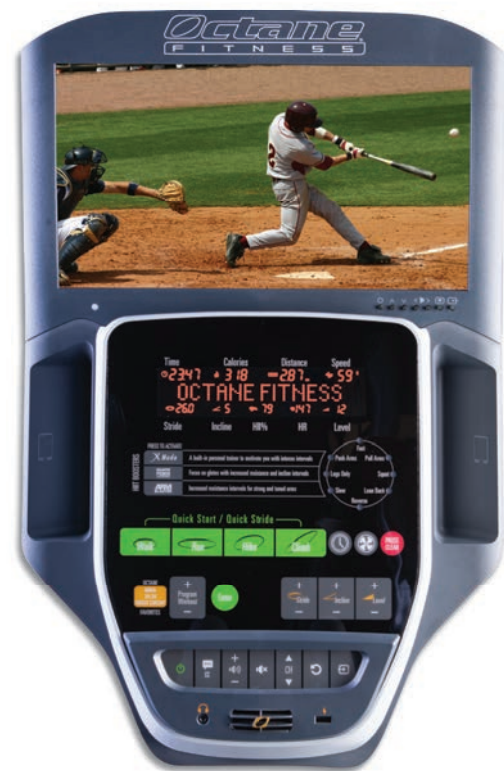


### STANDARD CONSOLE

Intuitive to navigate, this LED display with integrated capacitive buttons showcases all workout feedback and supports mobile device charging. Quick Start buttons enable exercisers to immediately begin their Walk, Run, Hike or Climb; and advanced training is convenient, with buttons for CROSS CiRCUIT, MMA and 30:30 directly on the console.

**XTOne**

	• Standard – Unavailable ○ Optional	XT-One Smart	XT-One Standard
<b>FEATURES</b>			
10" glass capacitive touch screen		•	–
Phone docking locations		4	3
Tablet docking locations		1	1
USB port (charging capabilities)		•	•
TV keypad built-in*		•	•
Ethernet jack		•	•
CSAFE ports		2	2
Asset management		○	○
Wireless heart rate ready Polar® and ANT+®		•	•
Console fan (3 speeds)		•	•
Replaceable headphone jack		•	•
Self powered		–	•
<b>ENTERTAINMENT OPTIONS</b>			
Personal viewing screen		○	○
900 Mhz		○	○
<b>WORKOUTS</b>			
Number of programs		21	17
Workout Boosters video coaching		•	–
CROSS CIRCUIT video coaching		•	–
<b>INTERNET CONNECTION REQUIRED</b>			
Wi-Fi enabled		•	–
Web browsing		•	–
Web video streaming		•	–
Web applications		•	–
<b>WARRANTY</b>			
3-year advance exchange/1-year labor		•	•
90-day on headphone jack		•	•



## PERSONAL VIEWING SCREEN

A 15" HD screen adds a multitude of television and entertainment selections for an exceptional, interactive experience, and integrated keypad controls provide a sleek, convenient solution that surpasses members' expectations. Available for both smart and standard consoles.

\*External personal viewing screen required.

# THE LATERAL X

MOVE IN A NEW DIRECTION

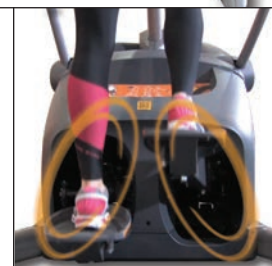
LATERAL X  
MOVE IN A NEW DIRECTION

## LX8000

Add a new dimension and excitement to the cardio floor with the LateralX elliptical that delivers functional challenges, more muscle demands and greater caloric burn.

### OCTANE ADVANTAGES

- Adjustable lateral 3-D motion
- 27% increase in caloric expenditure\*
- 30% increase in hip abductor/adductor activity\*
- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working the hips, thighs and glutes
- CROSS CIRCUIT and Embedded Touch Screen compatible



## LATERAL MOTION

Active side-to-side motion that increases caloric expenditure by 27% and engages more lower body muscles.

## STEPPING MOTION

An additional movement option that simulates a stepping movement for added variety or recovery.

## UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars better engage the upper body and assist with fitting every exerciser better.

## CROSS CIRCUIT

Exercisers get better results from greater conditioning and motivation, and clubs and trainers benefit from a powerful new revenue source.

# LX8000 SPECIFICATIONS

• Standard ○ Optional

### KEY MECHANICAL FEATURES

Electronically adjustable lateral width	•
Soft grip pedals	•
Low step-up height	•
MultiGrip™ and Converging Path™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out option	•
1-time adjustable handlebar position	•
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

### ELECTRONIC FEATURES

Lateral width adjustments	10
Resistance levels	30
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinx® compatible	•

### CONSOLE OPTIONS

Embedded Touch Screen	○
Standard	○

### ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

### WORKOUTS

Number of programs	13
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### PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Goal - distance or calorie	•

### LATERAL WIDTH PROGRAMS

Lateral Interval	•
Dual Direction	•

### HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•

### ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Power - Watts or METs	•

### WORKOUT BOOSTERS

X-Mode™	•
ThighToner™	•
QuadPower™	•

### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	42" x 63" (106 cm x 160 cm)
Product weight	388 lbs (176 Kg)
Footprint with CROSS CiRCUIT stands (W x L)	44" x 75" (111 cm x 190 cm)
Product weight with CROSS CiRCUIT stands	438 lbs (198 Kg)

### WARRANTY

Parts	3 years
Labor	1 year



# THE PRO4700

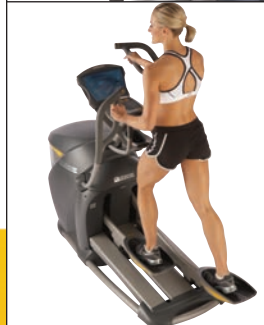
## A STRIDE AHEAD

### PRO4700

The best elliptical machine available, this top-of-the-line powerhouse is loaded with exclusive Octane breakthroughs including SmartStride® to fuel every workout with exceptional comfort and challenge that drive valuable results.

### OCTANE ADVANTAGES

- Electronically adjustable stride
- Converging Path & MultiGrip handlebars
- Biomechanically correct close pedal spacing
- Low step-up height
- Advanced training — 30:30 and MMA
- CROSS CIRCUIT and Embedded Touch Screen compatible



## SMARTSTRIDE®

An unmatched feature that automatically adjusts stride length to replicate walking, jogging, running and moving backwards.

## UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and custom fit every exerciser.

## REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

## SPACE-EFFICIENT DESIGN

Significantly shorter than other ellipticals or treadmills; fits conveniently in small spaces.

## PRO 4700 SPECIFICATIONS

• Standard ○ Optional

### KEY MECHANICAL FEATURES

Stride lengths	18"-26" (46 cm - 66 cm)
Electronically adjustable stride	•
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Soft grip pedals	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out option	•
1-time adjustable handlebar position	•
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

### ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx® compatible	•

### CONSOLE OPTIONS

Embedded Touch Screen	○
Standard	○

### ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

### WORKOUTS

Number of programs	22
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### PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

### HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

### ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

### STRIDE LENGTH PROGRAMS

PowerWalk	•
Stride Interval	•
Dual Direction	•

### WORKOUT BOOSTERS

SmartStride®	•
X-Mode™	•
GluteKicker™	•
ArmBlaster	•

### METABOLIC ASSESSMENT PROTOCOL

New Leaf Metabolic Assessment	•
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### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)
Product weight	340 lbs (154 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	39" x 84" (99 cm x 213 cm)
Product weight with CROSS CIRCUIT stands	425 lbs (192 Kg)

### WARRANTY

Parts	3 years
Labor	1 year



# THE PRO3700

## CONVERGE ON THE BEST-FEELING ELLIPTICAL

### PRO3700

The preferred model by health club members, Octane's incredibly popular Pro3700 is known for delivering the absolute best-feeling workouts.

### OCTANE ADVANTAGES

- Converging Path & MultiGrip handlebars
- Biomechanically correct pedal spacing
- Advanced training — 30:30 and MMA
- Exclusive Workout Boosters
- 2 available stride lengths in 1 machine
- CROSS CIRCUIT and Embedded Touch Screen compatible



## UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and assist with fitting every exerciser better.

## MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

## REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

## LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

## PRO3700 SPECIFICATIONS

• Standard ○ Optional

### KEY MECHANICAL FEATURES

Stride lengths	24" or 20.5" (61 cm or 52 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Soft grip pedals	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out option	•
1-time adjustable handlebar position	•
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

### ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx® compatible	•

### CONSOLE OPTIONS

Embedded Touch Screen	○
Standard	○

### ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

### WORKOUTS

Number of programs	19
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### PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

### HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

### ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

### WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

### METABOLIC ASSESSMENT PROTOCOL

New Leaf Metabolic Assessment	•
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### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	Jogging Stride 34" x 79" (86 cm x 200 cm)
Product weight	320 lbs (145 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	Running Stride 34" x 83" (86 cm x 210 cm)
Product weight with CROSS CIRCUIT stands	39" x 84" (99 cm x 213 cm)
Product weight with CROSS CIRCUIT stands	405 lbs (83 Kg)

### WARRANTY

Parts	3 years
Labor	1 year



# THE PRO370/PRO310

SMALL FOOTPRINT, BIG VALUE

## PRO370/PRO310

Great features and programs you expect from Octane in a space-efficient package for quiet, safe operation.

### OCTANE ADVANTAGES

- Space-saving design
- Low step-up height
- Converging Path & MultiGrip handlebars
- Biomechanically correct pedal spacing
- Advanced training – 30:30
- Exclusive Workout Boosters



PRO310



PRO370



## UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and custom fit every exerciser.

## 30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 Interval challenge program from Athletes' Performance, Inc.

## REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

## ARMBLASTER

For an unrivaled total-body experience, this trademark workout combines cardio with intense upper-body strength intervals.

## PRO370/PRO310 SPECIFICATIONS

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>KEY MECHANICAL FEATURES</b>			
Stride lengths		20.5" (52 cm)	20.5" (52 cm)
Pedal spacing		1.8" (4.5 cm)	1.8" (4.5 cm)
Low step-up height		•	•
MultiGrip™ and Converging Path™ handlebars		•	•
Moving handlebar lock-out option		•	•
1-time adjustable handlebar position		•	•
Water bottle holder		•	•
Tablet/reading rack		•	•
Transport wheels		•	•

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>ELECTRONIC FEATURES</b>			
Resistance levels		30	20
Digital contact heart rate on moving handlebars		•	–
Digital contact heart rate on stationary handlebars		–	•
Wireless heart rate ready		•	•
Self-powered		•	–
HeartLogic™ Intelligence		•	•

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>WORKOUTS</b>			
Number of programs		16	12
<b>PRESET RESISTANCE PROGRAMS</b>			
Manual		•	•
Random		•	•
Interval		•	–
Custom Interval		•	•
Beginner		–	•
Hill		•	–
10K		•	•

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>HEART RATE-CONTROLLED PROGRAMS</b>			
Fat Burn		•	•
Cardio		•	•
Heart Rate Interval		•	–
Heart Rate Custom Interval		•	•
Heart Rate Hill		•	–
Heart Rate Speed Interval		•	–

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>ADVANCED PROGRAMS</b>			
30:30 Interval		•	•
MMA		•	–
Constant Watts		•	–
Constant METs		•	–
350 Calories		–	•
750 Calories		–	•
Half Marathon		–	•

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>WORKOUT BOOSTERS</b>			
X-Mode™		•	•
GluteKicker™		•	•
ArmBlaster		•	•
<b>METABOLIC ASSESSMENT TEST</b>			
New Leaf® Metabolic Assessment		•	–
<b>ENTERTAINMENT OPTIONS</b>			
Personal Viewing Screen*		◦	◦

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>PRODUCT SPECIFICATIONS</b>			
Max user weight		400 lbs (181 Kg)	300 lbs (136 Kg)
Footprint (W x L)		31" x 71" (79 cm x 181 cm)	31" x 65" (79 cm x 165 cm)
Footprint - live area (W x L)		34" x 83" (87 cm x 211 cm)	34" x 76" (87 cm x 193 cm)
Product weight		290 lbs (131 Kg)	260 lbs (118 Kg)

	• Standard – Unavailable ◦ Optional	Pro370	Pro310
<b>WARRANTY</b>			
Parts		3 years	2 years
Labor		1 year	1 year



\*External controller required

# THE xR6000

CHANGING HOW YOU FEEL  
ABOUT RECUMBENT WORKOUTS

## xR6000

Satisfy the demand for comfort, challenge and variety on the cardio floor with the unique xRide recumbent elliptical, delivering incredible effectiveness to everyone from beginners to athletes.

### OCTANE ADVANTAGES

- 343% more glute activity\*
- Burn 23% more calories\*
- Active Seat Position™
- Challenging upper-body workout
- Step-through design
- Embedded Touch Screen compatible



**xRide**  
by OCTANE FITNESS



## POWERSTROKE™

Distinct from recumbent bikes, the longer ellipse motion challenges muscles differently with forward and backward directions, longer range of motion and greater glute involvement.

## CUSTOMIZED COMFORT

The Active Seat Position™ accommodates any size exerciser, by offering more tilt and height adjustments for the perfect fit to maximize comfort and variety.

## CHEST & LEG PRESS

Exercisers combine cardio and strength training efficiently with vigorous interval repetitions at high intensity.

## LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

## x R6000 SPECIFICATIONS

• Standard ○ Optional

### KEY MECHANICAL FEATURES

Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	5
MultiGrip™ handlebars	•
1-time adjustable handlebar position	•
Stationary handlebars	•
Water bottle holders	2
Tablet/reading rack	•
Transport wheels	•
Upper body lockout	○
Pedal straps	○

### ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	•
Fingertip controls on stationary handles	•
Self-powered (standard console only)	•
HeartLogic™ Intelligence	•
CSAFE® compatible	•
FitLinxx™ compatible	•

### CONSOLE OPTIONS

Embedded Touch Screen	○
Standard	○

### ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

### WORKOUTS

Number of programs	16
--------------------	----

### PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

### HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

### ADVANCED PROGRAMS

30:30 Interval	•
Constant Watts	•
Constant METs	•

### WORKOUT BOOSTERS

Muscle Endurance	•
Leg Press	•
Chest Press	•

### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	36" x 71.5" (91 cm x 181 cm)
Product weight	319 lbs (145 Kg)

### WARRANTY

Parts	3 years
Labor	1 year



# THE xR650

INCREDIBLE OCTANE  
INNOVATION AT A VALUE

**xRide**  
by OCTANE FITNESS

## xR650

The latest in the exciting evolution of Octane's unprecedented xRide recumbent ellipticals, the xR650 offers the high quality and innovative features that define Octane. All at an exceptional value.

### OCTANE ADVANTAGES

- Active Seat Position™
- PowerStroke™ elliptical pedal motion
- 343% more glute activity than recumbent bike\*
- Step-through design
- Advanced training - 30:30



## POWERSTROKE™

This longer elliptical motion engages more muscles for greater caloric expenditure, 343% more glute activity compared to a recumbent bike\* and better overall results.

## CUSTOMIZED COMFORT

The Active Seat Position™ accommodates any size exerciser, by offering more tilt and height adjustments for the perfect fit to maximize comfort and variety.

## CHEST & LEG PRESS

Exercisers combine cardio and strength training efficiently with vigorous interval repetitions at high intensity.

## VARIETY

Build motivation and enhance retention with interactive heart rate workouts, interval training and customized programs.

## xR650 SPECIFICATIONS

• Standard ○ Optional

### KEY MECHANICAL FEATURES

Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	5
1-time adjustable handlebar position	•
Stationary handlebars	•
Water bottle holders	2
Tablet/reading rack	•
Transport wheels	•
Upper body lockout	○
Pedal straps	○

### ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	•
Self-powered	•
HeartLogic™ Intelligence	•
CSAFE®	•

### WORKOUTS

Number of programs	16
--------------------	----

### PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

### HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

### ADVANCED PROGRAMS

30:30 Interval	•
Constant Watts	•
Constant METs	•

### WORKOUT BOOSTERS

Muscle Endurance	•
Leg Press	•
Chest Press	•

### ENTERTAINMENT OPTIONS

Personal Viewing Screen**	○
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### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	35" x 71.5" (88 cm x 182 cm)
Product weight	268 lbs (122 Kg)

### WARRANTY VERTICAL FACILITY

Parts	3 years
Labor	1 year



\*\*External controller required

# TOUCHSCREENS LATERALX, PRO4700, PRO3700 AND XR6000

Totally elevating the workout experience, the Embedded Touch Screen fuels members, improves retention and increases sales – and jump-starts your club’s standout status.

## OCTANE ADVANTAGES

- On Demand entertainment
- Split screen feedback
- Unique booster videos
- Asset management
- Custom user profiles
- Available on the LateralX, Pro4700, Pro3700 and xR6000 ellipticals



- Standard
- Optional

	LateralX <sup>Touch</sup>	Pro4700 <sup>Touch</sup>	Pro3700 <sup>Touch</sup>	xR6000 <sup>Touch</sup>
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### FEATURES

15" widescreen, Intel® Atom® processor	•	•	•	•
Touch screen navigation	•	•	•	•
Secondary LCD backup display	•	•	•	•
Rubberized iPod®/phone tray	•	•	•	•
Tablet/magazine holder	•	•	•	•
USB port	•	•	•	•
Wireless heart rate ready Polar® and ANT+®	•	•	•	•
Console fan (3 speeds)	•	•	•	•

### WORKOUTS

Number of programs	15	16	14	11
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### MULTIMEDIA\*

iPod® audio and video	•	•	•	•
Analog/Digital TV†	•	•	•	•
Replaceable headphone jack	•	•	•	•

### NETPULSE® NETWORK\*\*

Automatic content and software updates	•	•	•	•
Network enabled	•	•	•	•
On Demand, music videos and custom playlist	•	•	•	•
Virtual Active®	•	•	•	•
Asset management	•	•	•	•
User profile management	•	•	•	•

### WARRANTY

3-year advance exchange/1-year labor	•	•	•	•
90-day on headphone jack	•	•	•	•

\*Gateway Internet connection not required

\*\*Gateway Internet connection required

†Verify compatibility with your system prior to purchase

# PERSONAL ENTERTAINMENT

## LATERALX, PRO4700, PRO3700 AND XR6000

Octane Fitness' fully integrated, user-friendly controls ensure that members can effortlessly enjoy their favorite shows and entertainment. Choose a 900 Mhz wireless TV receiver or personal viewing screen, each with integrated keypad controls for a sleek, clean entertainment solution.



### PERSONAL VIEWING SCREEN FEATURES

Models	LateralX, Pro4700, Pro3700, xR6000
Screen	15" (38 cm) wide screen format
Tuners	Analog and digital
Memory	Stored
TV controls	Mute, auto on/off, channel, default channel, previous channel, volume, source, 0-9 keypad
Inputs	Component video, RCA, coaxial, 30-pin iPod®/iPhone®, Headphone jack (replaceable)
Power	110V/1.6A
Weight	3 lbs (1 Kg)
Size (L x W x D)	15.75" x 9.75" x 1.5" (40 cm x 25 cm x 4 cm)
Warranty	3 years advance exchange/1 year labor 90 days on modular headphone jack

### 900 MHZ WIRELESS RECEIVER FEATURES

Models	LateralX, Pro4700, Pro3700, xR6000
Transmitters	Compatible with Cardio Theater, Broadcast Vision, MYE Entertainment, Enercise, Audeon
Memory	Channel settings stored
TV controls	Mute, EQ, channel/volume up and down
Inputs	Headphone jack (replaceable)
Power	Self-powered
Warranty	3 years parts/1 year labor 90 days on headphone jack



# THE CROSSCIRCUIT

## BUILD A BETTER WORKOUT

Kick start your members' motivation and generate a big buzz on the gym floor with Octane's exclusive new CROSS CiRCUIT, which adds tremendous energy and interest – along with efficiency and results – to individual, small group or class workouts.

### OCTANE ADVANTAGES

- Strength and cardio training in one location
- Faster results
- Generate revenue on the cardio floor
- Boost personal training revenue
- Compatible on the XT-One, LateralX, Pro4700 and Pro3700 ellipticals



### Key Features

- Turns your fitness floor into a revenue-producing training area
- Auditory and visual prompts from the console, weight stands, side steps, boosters and PowerBlocks combined create the ultimate, full-body workout
- PowerBlocks are available in 32 lbs or 50 lbs options for the utmost flexibility for all fitness levels
- Customized training templates are available to help kick start your club's program



### GROUP TRAINING

Uniquely combines strength and cardio intervals for individual workouts, or instructor-led one-on-one, small group or class sessions.

### SIDE STEPS

Users take their legs out of the action and emphasize their chest, back, shoulders and arms for greater workout variety.

### POWERBLOCK® DUMBBELLS

Eight dumbbells combined into one. PowerBlock dumbbells are adjustable, which allows more versatility, and progression options are limitless.

### TRAINING MATERIALS

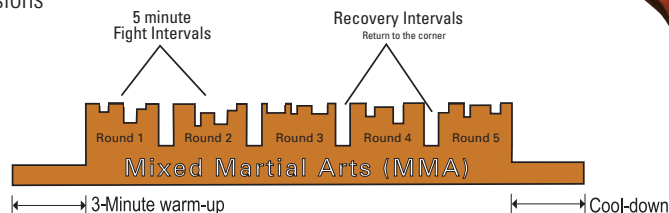
Trainers can earn CEC credits, training and program assistances and well as access to our online exercise library.

# ADVANCED TRAINING

## MIXED MARTIAL ARTS (MMA)

**Punch Up the Intensity. Program Mimics Real-Life Bouts.**

**Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.** With built-in flexibility to meet each fighter's unique needs, the Octane MMA program challenges and motivates as the machine "fights back." Fight-inspired prompts such as "punch and move" and "throw it" make the sessions fun, and the built-in responsive resistance feels like the real thing – a battle of strength and power.



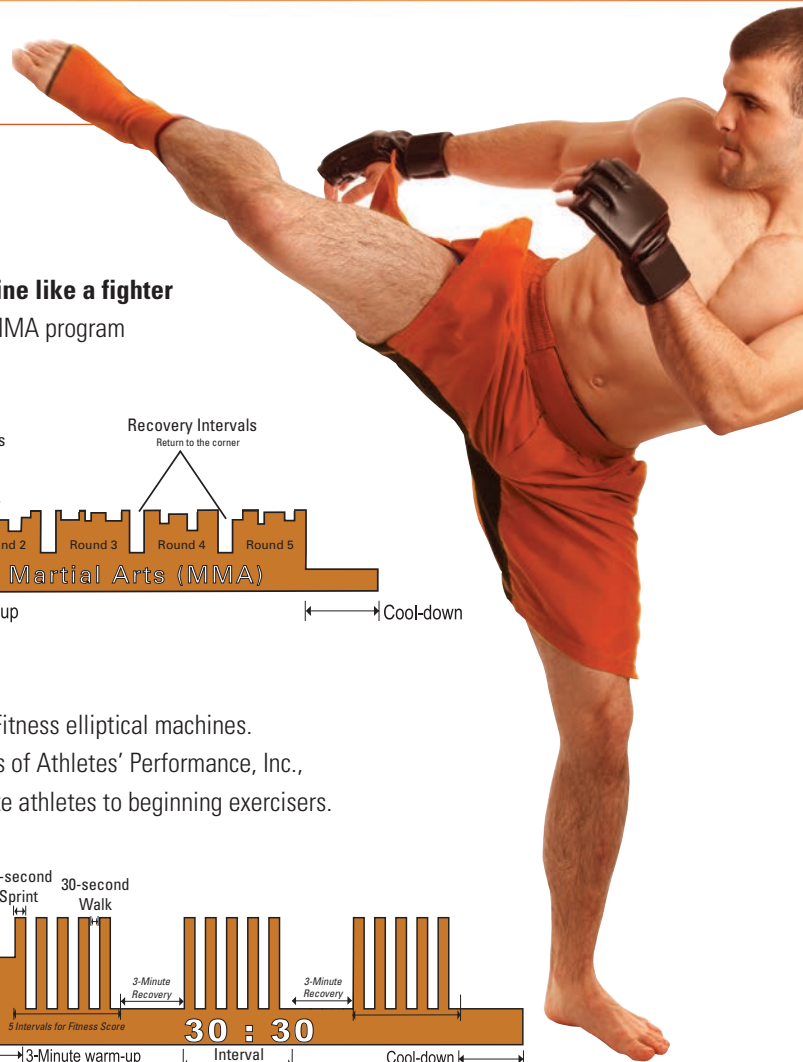
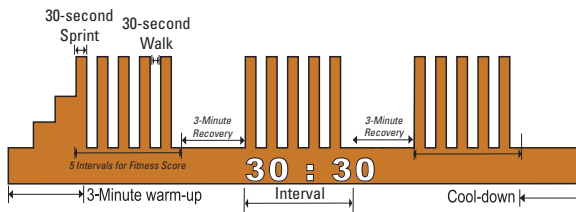
## THE 30:30 WORKOUT

**Motivates and Challenges. Improves Heart Rate Recovery Fitness.**

The 30:30 program is an innovative workout program available exclusively on Octane Fitness elliptical machines.

**It motivates and challenges exercisers of all abilities.** Designed by Paul Robbins of Athletes' Performance, Inc., the 30:30 Interval program increases cardiovascular performance of everyone from elite athletes to beginning exercisers.

The 30:30 program also works as a fitness measurement tool; the faster the heart rate recovery, the greater the fitness level. Tracking improvements in heart rate recovery is a key factor in measuring overall fitness condition.



# WHO USES OCTANE?

## HEALTH CLUBS AND RECREATION CENTERS

### **24 Hour Fitness**

A-Rod Energy  
Active Life Fitness Center  
Albany JCC  
American Family Fitness

### **Anytime Fitness**

### **Athletes Performance, Inc. (EXOS)**

Baldwin Athletic Club  
Better Bodies  
Body Builders Gym  
Body Xchange  
Bodyplex  
Bowling Green Parks and Rec.

### **Buffalo/Rochester Athletic Club**

California Family Fitness  
Caloric Responsibility  
Capital Fitness  
Celebrity Fitness  
Centennial Commons Rec Center  
Champion Fitness  
Chuze Fitness  
Chicago Fitness Express  
City of Victoria CC  
Cloverdale Recreation Center  
Club 24

Club Fitness  
Club Metro

### **Club One**

Columbia Association  
Contours Express

### **Cooper Fitness**

### **Core Performance**

### **Crunch**

Dearborn Racquet & Health

Desert Palms Health and Racquet Club

### **Equinox**

E-Town Swim & Fitness Center  
Elite Fitness  
EOS Fitness  
Evelyn Rubenstein JCC of Houston  
Extreme Fitness  
Fit For Life  
Fitness 24/7  
Fitness Evolution  
Fitness First  
Fitworks

### **Fitness Formula Clubs**

Fuel Fitness and Tanning  
Future Fitness Centers  
Giant Fitness

### **Gold's Gym**

### **GoodLife Fitness**

Halstead at Arlington  
Health Plex

### **Houstonian**

Human Performance Center  
Inches Away  
Jay County Boys & Girls Club  
Kingsmill Resort  
L & T Health and Fitness  
Ladies Workout Express  
Lady of America  
Lakeshore Athletic Clubs  
Leader Health and Fitness  
Life Spa Fitness

### **Life Time Fitness**

Lifestyle Family Fitness  
Macomb Community Center

Merage JCC

Meridian/Tilton Fitness & Wellness  
Merritt Athletic Club  
Mid-Hudson Athletic Club

### **Midtown/TCA**

Missouri Athletic Club  
Model A Fitness  
Motion Fitness  
Motivation Inc.  
Movati Athletic Clubs  
New York Health & Racquet Clubs  
Nitro Fitness

Oakland Athletic Club

Old Town Athletic Club

Olympia Resort

### **One Life Fitness**

Performance Playground  
Planet Fitness of New Hartford  
Plattsmouth Community Center

### **Powerhouse Gyms**

Preston Center Training  
Provena Fitness  
Pure Austin

### **Retro Fitness**

Richmond Heights Rec Center  
Robert Wood Johnson Fitness & Wellness  
Simply Fit

### **Snap Fitness**

Spa Lady  
Spectrum Athletic Clubs  
Spectrum Fitness  
Spirit A Fitness  
Sport & Health  
St. Peters Rec Plex

Steve Nash Fitness World

Sunoco  
Super Fitness  
SuperFit  
Superior Athletic Club  
The Alaska Clubs  
The Center of Clayton  
The Edge Fitness Clubs  
The Lodge Rec Center  
The Point Athletic Club

### **The Rush Fitness Complex**

The Solana Club  
The Studio  
The Summit Tennis and Athletic Club  
The Training Station  
Towne Properties

### **UFC Gym**

Universal Athletic Club  
Upper Valley Aquatic Center  
VASA Fitness  
Victory Fitness  
Villasport  
Wally's Gym

### **Wellbridge**

Women's Super Fitness  
Women's Workout World  
Woodside Tennis & Health Club

### **World Fitness**

World Gym  
Wow! Fitness  
Wyomissing Fitness & Training

### **XSport Fitness**

### **Xanadu, ON**

### **YMCA**

## CORPORATE WELLNESS CENTERS

**Abercrombie & Fitch**

**Anheuser-Busch**

Auto Trader

Bemis Company, Inc.

**Blue Cross Blue Shield**

Bridgestone Firestone

Del Monte Foods

**Delta Air Lines**

Devon Energy

**Facebook**

Federal Reserve Bank of Atlanta

**Ford Motor Company**

**General Electric**

Georgia Pacific Corporate HQ

**Google Inc.**

Honeywell

**Intel**

**Johnson & Johnson**

Louisville Slugger

McDonald's Canada

New Leaf Fitness

Paycor

Price Edwards & Company

**Procter & Gamble**

**Reebok Corporation**

Ritz-Carlton

Rubbermaid

Safeway, Inc.

Sallie Mae

SYSCO Food Service

**The Hershey Company**

**The NorthFace Corporate HQ**

**Toyota USA**

**Turner Athletic Club (CNN)**

**UPS**

**Verizon**

**Walgreens**

Wellmark

## COLLEGES AND UNIVERSITIES

Alcorn State University

**Bowling Green State University**

Carnegie Mellon

**Columbia University**

Clemson

Cleveland State University

**Duke University**

Gardner Webb, NC

**Georgetown**

Georgia State University

Indiana University

James Madison University, VA

**Michigan State University**

Minnesota State University

Mount St. Mary's College

Northern Kentucky University

Northeastern University

Ohio State University

Ohio University

RPI

Sam Houston State University, TX

Seton Hall University, NJ

South Dakota State University

Stonehill College

SUNY Brockport

Syracuse

**Texas A&M**

**UMASS**

University of Cincinnati

University of Georgia

**University of Illinois**

**University of Iowa**

**University of Kentucky**

University of Louisville

University of Maryland

**University of Minnesota**

University of Memphis

University of Rochester

University of Southern Florida

University of Southern Mississippi

University of Tennessee

**University of Wisconsin**

Virginia Commonwealth

University Washburn University, KS

## PRO ATHLETIC TEAMS

Arizona Cardinals

Arizona Diamondbacks

Carolina Panthers

Chicago Bears

Cleveland Browns

Indiana Pacers

Kansas City Chiefs

New York Giants

San Francisco 49ers



## MILITARY/GOVERNMENT

173<sup>rd</sup> Wing Oregon Air National Guard

Canadian Forces Base

Defense Logistics Agency

D.H.S. Federal Law Enforcement

Training Center

Fort Bragg (Special Operations)

Fort Sam Houston (Metc)

Joint Base Langley – Eustis

MacDill Air Force Base

(Special Operations Command)

Naval Air Station Pensacola

Naval Special Warfare Group Four

Nellis Air Force Base

Orlando V.A. Medical Center

Patrick Air Force Base

Scott Air Force Base

U.S. Air Force Academy

U.S. Border Patrol

U.S. Coast Guard

U.S. Marine Corps Air Ground

Combat Center 29 Palms

U.S. Marine Corps Base

Camp Pendleton

U.S. Marshals Service

U.S. Naval Academy

U.S.S. John C. Stennis (Supercarrier)

Utah Army National Guard

Vancouver Police

# COMPARISON: STANDING MODELS

	XT-One	LateralX	Pro4700	Pro3700	Pro370	Pro310
<ul style="list-style-type: none"> <li>● Standard</li> <li>– Unavailable</li> <li>○ Optional</li> </ul>						
KEY MECHANICAL FEATURES						
Stride lengths	20"-28" (51 cm - 71 cm)	–	18"-26" (46 cm - 66 cm)	24" & 20.5" (61 cm & 52 cm)	20.5" (52 cm)	20.5" (52 cm)
Adjustable incline	●	–	–	–	–	–
Electronically adjustable	Stride	Lateral Width	Stride	–	–	–
Close pedal spacing	●	–	●	●	●	●
Low step-up height	●	●	●	●	●	●
Soft grip pedals	–	●	●	●	–	–
Covered track and rollers	–	–	●	●	–	–
MultiGrip™ and Converging Path™ handles	●	●	●	●	●	●
Fingertip controls on moving handlebars	●	●	●	●	–	–
Moving handlebar lock-out option	●	●	●	●	●	●
1-time adjustable handlebar position	●	●	●	●	●	●
Water bottle holder	●	●	●	●	●	●
Tablet/reading rack	●	●	●	●	●	●
Transport wheels	●	●	●	●	●	●
ELECTRONIC FEATURES						
Resistance levels	30	30	30	30	30	20
SmartStride®	●	–	●	–	–	–
Digital contact heart rate on moving handlebars	●	●	●	●	●	–
Digital contact heart rate on stationary handlebars	–	–	–	–	–	●
Wireless heart rate ready	●	●	●	●	●	●
- Bluetooth® 4.0 & ANT+™	●	–	–	–	–	–
- Polar®	●	●	●	●	●	●
Console fan (3 speeds)	●	●	●	●	–	–
Self-powered (standard console only)	●	●	●	●	●	–

	XT-One	LateralX	Pro4700	Pro3700	Pro370	Pro310
<ul style="list-style-type: none"> <li>● Standard</li> <li>– Unavailable</li> <li>○ Optional</li> </ul>						
KEY MECHANICAL FEATURES						
HeartLogic™ Intelligence	–	●	●	●	●	●
Phone charging via USB Port	●	–	–	–	–	–
Bluetooth 4.0 & ANT+ compatible	●	–	–	–	–	–
CSAFE®	●	●	●	●	–	–
FitLinxx™ compatible	–	●	●	●	–	–
CONSOLE OPTIONS						
Smart	○	–	–	–	–	–
Touch	–	○	○	○	–	–
Standard	○	○	○	○	○	○
ENTERTAINMENT OPTIONS						
Personal Viewing Screen	○	○	○	○	○*	○*
Wireless 900 Mhz	○	○	○	○	–	–
WORKOUTS						
Number of programs	17	13	22	19	16	12
PRESET RESISTANCE PROGRAMS						
Manual	●	●	●	●	●	●
Random	●	●	●	●	●	●
Interval	–	●	●	●	–	–
Distance Goal	●	–	–	–	–	–
Calories Goal	●	–	–	–	–	–
Goal - distance or calorie	–	●	–	–	–	–
Custom Interval	●	–	●	●	●	●
Beginner	–	–	–	–	–	●
Hill	–	–	●	●	●	–
10K	–	–	●	●	●	●

	• Standard – Unavailable ○ Optional	XT-One	LateralX	Pro4700	Pro3700	Pro370	Pro310
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### HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•	•	•	•	•	•	•
Cardio	–	–	•	•	•	•	•
Heart Rate Interval	–	–	•	–	–	–	–
Heart Rate Custom Interval	•	–	•	•	•	•	•
Heart Rate Hill	–	–	•	•	•	–	–
Heart Rate Speed Interval	–	–	•	•	•	–	–
New Leaf® custom	–	–	•	–	–	–	–

### ADVANCED PROGRAMS

CROSS CIRCUIT® Solo	•	•	•	•	–	–	–
CROSS CIRCUIT® Group	•	•	•	•	–	–	–
30:30 Interval	•	•	•	•	•	•	•
MMA	•	•	•	•	•	•	–
Constant Power - Watts or METs	–	•	–	–	–	–	–
Constant Watts	•	–	•	•	•	•	–
Constant METs	•	–	•	•	•	•	–
350 Calories	–	–	–	–	–	–	•
750 Calories	–	–	–	–	–	–	•
Half Marathon	–	–	–	–	–	–	•

### INCLINE PROGRAMS

Mountain Peak	•	–	–	–	–	–	–
30:30 Hill	•	–	–	–	–	–	–
Progressive Hill	•	–	–	–	–	–	–

### STRIDE LENGTH PROGRAMS

SmartStride®	•	–	–	–	–	–	–
PowerWalk	–	–	•	–	–	–	–
Stride Interval	–	–	•	–	–	–	–
Dual Direction	–	•	•	–	–	–	–
Lateral Interval	–	•	–	–	–	–	–

\*External controller required. \*\*Warranty outside the US and Canada may vary.

	• Standard – Unavailable ○ Optional	XT-One	LateralX	Pro4700	Pro3700	Pro370	Pro310
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### WORKOUT BOOSTERS

GlutePower	•	–	–	–	–	–	–
SmartStride®	•	–	•	–	–	–	–
X-Mode™	•	•	•	•	•	•	•
GluteKicker™	–	–	•	•	•	•	•
ArmBlaster	–	–	•	•	•	•	•
ThighToner™	–	•	–	–	–	–	–
QuadPower™	–	•	–	–	–	–	–

### METABOLIC ASSESSMENT TEST

New Leaf® Metabolic Assessment	–	–	•	•	•	–	–
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### PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	300 lbs (136 Kg)
Footprint (W x L)	33" x 75" (84 cm x 191 cm)	42" x 63" (106 cm x 160 cm)	31" x 69" (78 cm x 175 cm)	31" x 69" (78 cm x 175 cm)	31" x 71" (79 cm x 181 cm)	31" x 65" (79 cm x 165 cm)
Footprint - live area (W x L)	33" x 92" (84 cm x 234 cm)	42" x 63" (106 cm x 160 cm)	34" x 83" (86 cm x 210 cm)	Jogging Stride 34" x 79" (86 cm x 200 cm)	34" x 83" (87 cm x 211 cm)	34" x 76" (87 cm x 193 cm)
Footprint with CROSS CIRCUIT® stands (W x L)	37" x 97" (94 cm x 246 cm)	44" x 75" (111 cm x 190 cm)	39" x 84" (99 cm x 213 cm)	39" x 84" (99 cm x 213 cm)	–	–
Product weight	395 lbs (180Kg)	388 lbs (176 Kg)	340 lbs (154 Kg)	320 lbs (145 Kg)	290 lbs (131 Kg)	260 lbs (118 Kg)
Product weight with CROSS CIRCUIT® stands	450lbs (205 Kg)	438 lbs (198 Kg)	425 lbs (192 Kg)	405 lbs (183 Kg)	–	–

### WARRANTY\*\*

	VERTICAL FACILITY					
Parts	3 years	3 years	3 years	3 years	3 years	2 years
Labour	1 year	1 year	1 year	1 year	1 year	1 year

# COMPARISON: RECUMBENT MODELS

	xR6000	xR650
<ul style="list-style-type: none"> <li>● Standard</li> <li>– Unavailable</li> <li>○ Optional</li> </ul>		
KEY MECHANICAL FEATURES		
Step-through design	●	●
Oversized soft grip pedals	●	●
Stationary footpegs	●	●
Seat height adjustments	20	20
Seat tilt adjustments	5	5
MultiGrip™ handlebars	●	Straight
1-time adjustable handlebar position	●	●
Stationary handlebars	●	●
Water bottle holders	2	2
Tablet/reading rack	●	●
Transport wheels	●	●
Upper-body lockout	○	○
Pedal straps	○	○
ELECTRONIC FEATURES		
Resistance levels	30	30
Digital contact heart rate	●	●
Wireless heart rate ready on stationary handlebars	●	●
Fingertip controls on stationary handles	●	–
Console fan (3 speeds)	–	–
Self-powered	●	●
HeartLogic™ Intelligence	●	●
CSAFE®	●	●
FitLinxx™ compatible	●	–

	xR6000	xR650
<ul style="list-style-type: none"> <li>● Standard</li> <li>– Unavailable</li> <li>○ Optional</li> </ul>		
WORKOUTS		
Number of programs	16	16
PRESET RESISTANCE PROGRAMS		
Manual	●	●
Random	●	●
Interval	●	●
Custom Interval	●	●
Hill	●	●
10K	●	●
Distance Goal	–	–
Calories Goal	–	–
HEART RATE-CONTROLLED PROGRAMS		
Fat Burn	●	●
Cardio	●	●
Heart Rate Interval	●	●
Heart Rate Custom Interval	●	●
Heart Rate Hill	●	●
Heart Rate Speed Interval	●	●
New Leaf® Custom	●	●
ADVANCED PROGRAMS		
30:30 Interval	●	●
Constant Watts	●	●
Constant METs	●	●

	xR6000	xR650
<ul style="list-style-type: none"> <li>● Standard</li> <li>– Unavailable</li> <li>○ Optional</li> </ul>		
WORKOUT BOOSTERS		
X-Mode™	–	–
GluteKicker™	–	–
ArmBlaster	–	–
Muscle Endurance	●	●
Leg Press	●	●
Chest Press	●	●
PRODUCT SPECIFICATIONS		
Max user weight	400 lbs (181 Kg)	400 lbs (181 Kg)
Footprint (W x L)	36" x 71.5" (91 cm x 182 cm)	35" x 71.5" (88 cm x 182 cm)
Product weight	319 lbs (145 Kg)	268 lbs (122 Kg)
WARRANTY		VERTICAL FACILITY
Parts	3 years	3 years
Labor	1 year	1 year

# FUEL YOUR CLUB

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