

PS100 TREADMILL

The TRUE® PS100 is manufactured with commercial-grade materials and the finest components for extreme durability. Coupled with a great warranty and service plan, you know that your treadmill will stand up to years of heavy use.

Plus, with the addition of a USB Port, you can save your workout summary data and track your progress with the TRUE Mobile app, available in the iTunes store.



PREMIUM FEATURES:

- The PS100 treadmill offers one of the largest running surfaces in the industry. This feature, along with handrails, puts you on a treadmill built with safety in mind.
- Includes one touch HRC Cruise Control® which allows the user to “lock in” on a specific target heart rate.
- TRUE’s patented Soft System™ offers the most biomechanically correct running surface available.
- Tested for thousands of hours on TRUE’s “Treadbuster” and backed accordingly.
- It’s simple to monitor your progress with the easy-to-read LCD screen. Quick Keys, data feedback and challenging programs provide you all the tools necessary to meet your fitness or weight loss goals.
- Unsurpassed warranty



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QUALITY CARDIO SINCE 1981

PS100

DRIVE SYSTEM	Drive Motor	TRUE 3hp DC
	Power Source	Plug-In
EXERCISE SURFACE	TRUE Soft System	YES
	Soft Select	N/A
	Orthopedic Belt	N/A
	Reversible Deck	N/A
FRAME	Frame	Robotically Welded Heavy-Gauge Steel
	Aluminum Straddle Covers	N/A
	Handrails	Protective Dipped Foam Flared Handrails
CONSOLE	Display Type	7" Single Window Custom LCD
	Compatibility for iPod	N/A
	Entertainment Capabilities	N/A
	Express Command Keys	YES
	Quick Speed Keys and Incline Keys	YES
	Walk/Run Keys	N/A
	Data Readouts	Speed, Incline, Elapsed Time, Time Remaining, Distance, Pace, Heart Rate, Target Heart Rate, METs, Calories
HEART RATE	Contact Heart Rate Monitoring	YES
	Wireless Heart Rate Monitoring	YES
	Heart Rate Monitoring Chest Strap Included	YES
	HRC (Heart Rate Control) [®] Workouts	YES - 1
	HRC Cruise Control™	YES
	RxHRC (Personalized 21-24 Week Workout)	N/A
PROGRAMMING	Programs	8 Preset; 2 Saved
	Fitness Tests	N/A
OTHER FEATURES	Accessories	Water Bottle Holder, Key Tray
	Safety	Safety Clip, Extended Handrails, Large Straddle Covers
	Balance Bar Control Pad	N/A
	Personal Cooling System	N/A
PHYSICAL SPECIFICATIONS	Footprint	78"L x 31.5"W (198 cm x 80 cm)
	Running Surface	60"L x 22"W (153 cm x 56 cm)
	Machine Weight	297 lbs (135 kg)
	Maximum User Weight	350 lbs (159 kg)
	Incline Range	0 to 15%
	Speed Range	0.5 - 12 mph (0.8 - 19 kph)
	Step-Up Height	7" (18 cm)
	Transport Wheels	YES
WARRANTY	Warranty	Frame Lifetime, Motor 30 Years, Parts 5 Years, Labor 1 Year

*Specifications are subject to change without notice.

