



DPL0520 Biceps Curl

DISCOVERY™ SERIES PLATE LOADED LINE

Like every piece of equipment in our Discovery™ Series Plate Loaded Line, the DPL0520 Biceps Curl adds value to your facility by combining essential performance and durability with thoughtful design to deliver an exerciser experience that feels natural.

The Discovery Series Plate Loaded Biceps Curl delivers smooth, fluid motion and phenomenal reliability. With a compact footprint, the Biceps Curl is easy to enter and exit for fast and effective biceps exercises.

Strength equipment is a long-term investment and with the Discovery Series from Precor, you can make your strength purchase decision with confidence. With a full range of products that are approachable and intuitive, perform for exercisers of all ability levels, and will withstand the test of time, the Discovery Series is the straightforward strength solution you've been looking for.

Learn More: go.precor.com/dpl0520

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Product Features

- 1. Independent Movement Arm**
Designed to demand greater balance and core muscle engagement, the independent arm resistance provides a greater range of motion throughout the exercise.
- 2. Arm Pad**
The angled arm pad properly positions the exerciser's arms for maximum comfort and workout efficiency.
- 3. Belt Drive**
The movement arm is connected to the in-use weight plate by a belt drive that delivers smooth, fluid motion and enhanced reliability.
- 4. Ratcheting Seat Adjustment**
The ratcheting, gas-assisted seat adjustment features an ergonomic, over-molded rubber adjustment handle, making it easy and comfortable for exercisers to get the right fit.
- 5. Instructional Placard**
Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.



SPECIFICATIONS

- Dimensions (L x W x H):** 53 x 38 x 48 in / 136 x 97 x 121 cm
- Product Weight:** 258 lb / 117 kg
- Starting Weight:** 12 lb / 5.4 kg
- Max Load Weight:** 225 lb / 102 kg
- Accessories:** Rubber Feet
- Frame and Finish:** Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.
- Warranty:** Visit www.precor.com for warranty terms.

Standard Color Options

Frame	Movement Arm	Frame	Movement Arm
Gloss Metallic Silver	Metallic Ash	Metallic Ash	Gloss Metallic Silver
Desert Bronze	Gloss Metallic Silver	Black Magic Gloss	Metallic Ash
Gloss White	Metallic Ash	Black Pearl	Metallic Ash

Upholstery

All Spice	American Beauty	Black	Blue Jay	Burgundy	Deep Clay
Grey	Hunter Green	Navy	New Purple	Regal Blue	Slate

- Colors may vary.
- Custom colors available. Please contact a Precor Sales Representative.

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