



DPL0521 Seated Dip

DISCOVERY™ SERIES PLATE LOADED LINE

The Discovery™ Series combines all the functional performance elements demanded from a strength line, but with a focus on ease of use and thoughtful design detail to appeal to a wide range of exercisers. The result is an exceptional fit and feel for the first-time user or seasoned athlete.

Approachable & Intuitive - Built to satisfy all levels of exercisers in your facility, this line is the perfect combination of heavy duty strength, guided paths of motion and a design that is less intimidating to a wider population.

Built to Perform Long Term - The Discovery Series Plate-Loaded Line meets the demands of busy facilities and strong users with durable, welded frames and cast pivot housing that can hold up to the pressure. Resistance curves, ergonomic grips, and independent movement arms allow for proper muscle recruitment and load for effective workouts.

Part of a Complete Package - And it all fits within the Precor package, providing you with a consistent feel in your facility.

Learn More: precor.com/dpl0521

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Product Highlights

The unique motion path of the Discovery Series Plate Loaded Line Seated Dip is achieved through narrow and wide handle positions that ensure a targeted workout and correct exercise movement. The oversized push-down handles provide a large surface area to reduce pressure. The Seated Dip arms can be configured independently or dependently based on preference at time of install.

Product Features

1. Instructional Placards

Improve every workout with easy-to-understand, large text-free illustrations that demonstrate correct form at a glance. Users will love the QR codes and URL that provide smart phone links to helpful 30-second instructional videos.

2. Easy to Get Started Adjustments

Precision adjustments, including highly durable industrial-grade seat adjustments and large, ergonomic rubber adjustment handle, make it easy and comfortable for users.

3. Delivers More Effective Workouts

Designed to demand greater balance and core muscle engagement, the independent arm resistance, converging and diverging movement paths provide a greater range of motion.

4. Easy Load and Unload

The two weight horns provide over 400 lb / 181.5 kg for ample plate storage on your strength floor.



SPECIFICATIONS

Dimensions (L x W x H):	72 x 41 x 37 in / 184 x 103 x 94 cm
Product Weight:	287 lb / 130 kg
Starting Weight:	8 lb / 3.6 kg
Max Lift Load Capacity:	360 lb / 163 kg
Weight Storage Horns:	2
Accessories:	Rubber Feet
Frame and Finish:	Heavy duty industrial grade steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.
Warranty:	Visit www.precor.com for warranty terms.

Standard Color Options

Frame	Movement Arms	Frame	Movement Arms	Frame	Movement Arms
Gloss Metallic Silver	Metallic Ash	Metallic Ash	Gloss Metallic Silver	Gloss White	Metallic Ash
Desert Bronze	Gloss Metallic Silver	Black Magic Gloss	Metallic Ash		

Upholstery				
Black	Mahogany	Imperial Blue	Paprika	Terra Cotta
Graphite	Royal Blue	Slate	American Beauty Red	

• Colors may vary.
• Custom colors available.
Please contact a Precor Sales Representative.

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