

V-Crunch

Abdominal Trainer

Strength



The V-Crunch gives users a more comfortable way to perform leg lifts to strengthen the core. Using the body's own weight as leverage, the V-Crunch allows the user to perform leg raises with resistance that's less than their body weight. Adjusting the foot bar to a higher position reduces the amount of body weight resistance the user experiences. Higher is easier. Lower is more difficult.

PRODUCT HIGHLIGHTS

- 1 Space-Efficient Design**
Small footprint allows for maximum flexibility of placement within your facility.
- 2 Simple Positioning / Pivot Point**
Ergonomic design ensures correct positioning and reduces to the back and hips.

PRODUCT SPECIFICATIONS

Dimensions (L x W): 50 x 28 inches / 127 x 71 centimeters
Product Height: 63 in / 160 cm
Weight: 205 lbs / 93 kg
Workout Area (L x W): 50 x 28 in / 127 x 71 cm

Color Options: Standard frame colors: Sky White and Experience Titanium (shown).
Standard upholstery color: Black

Frame and Finish: Powder-coated steel. 11 Gauge (.120")
2x4-inch bent electroweld steel tubing.

Upholstery: Premium quality upholstery with Beautyguard protective topcoat finish. Double stitching on all seams.

Warranty: Frame - 10 years
Parts (Mechanical) - 5 years
Wear Items - 6 months
Labor - 1 year